



Trainee & Trainer

Resource Manual

The purpose of youthMETRO is to glorify the one true God who has revealed Himself in His Son Jesus Christ by training others to make Him known, who then train others to do the same.

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My Expectations For youthMETRO

Answer the questions below at the beginning of your traineeship, and keep coming back to them throughout the year to help you gauge how your traineeship is progressing.

Why Am I Doing youthMETRO?

What Am I Seeking To Get Out Of youthMETRO?

The METRO Vision

The purpose of METRO is to glorify the one true God who has revealed himself in his Son Jesus Christ by training others to make him known, who then train others to do the same.

Ministry

- METRO is about ministry training, specifically geared for the local church context.
- METRO promotes an evangelistic ministry model as standard for local church ministry.
- METRO recognises that developing evangelistic ministries is not the primary task of theological colleges, and so needs to be developed prior to college.
- METRO therefore, is training that aims to engender a philosophy of evangelistic ministry within a potential ministry candidate.

Equipping

- METRO is geared not simply towards developing evangelistic ministers but developing evangelistic ministries and evangelistic churches.
- METRO focuses therefore, on the key role of ministers as equippers (see Eph 4:11–12), preparing the whole church for works of ministry.
- METRO recognises that, fundamentally, healthy churches are evangelising churches; the bigger picture of evangelistic training is training across the entire life and ministries of the church.

Training

- METRO recognises that this evangelistic, equipping model of ministry is best learnt through the apprenticeship of one-to-one training (see 2 Timothy 2:2) in the context of one-to-one training, the whole person is trained — this can be thought of as three strands:
 - Being like Jesus: Personal Godliness
 - Thinking like Jesus : Theological Reflection
 - Serving like Jesus : Ministry Skills
- METRO benefits not only the trainee, but strengthens the training culture for:
 - The trainer, through an intensive training experience
 - The local church, as the trainee becomes a focal point for developing a training culture
 - The Presbytery, as neighbouring churches are spurred on to be involved in METRO and its benefits
 - The denomination, through the calibre and experience of ministry candidates.

Recruiting

- METRO provides a pathway for people considering theological training to take steps in that direction by profiling and building such training into the local church context, METRO trainees, in turn, become examples for (and trainers of) others heading down such a training pathway.

Organisation

- METRO recognises the need for one-to-one training to be facilitated through resources such as funding and a training curriculum.
- METRO recognises the need for one-to-one training to be networked with other trainers and trainees, and supported through coaching provided by experienced trainers.

Introducing youthMETRO

youthMETRO is a one year traineeship focussed on preparing and growing youth leaders in local churches.

Like METRO, youthMETRO aims to prepare trainees to be, think and serve like Jesus, with a specific focus on doing this with and to youth.

Key Principles

Preparing for youthMETRO

The youthMETRO traineeship begins each December and concludes in December the following year.

youthMETRO makes extensive use of the Ministry Papers training resource. Working through the two introductory papers: 'The Ministry Training Church' and 'Meeting One-to-One' will help fill out the idea of the program outlined.

To get the most out of the program, however, it is necessary to prepare in a number of ways, especially with regard to the key relationships involved.

Trainee AND Trainer

In keeping with the 2 Timothy 2:2 model, the program is designed such that the trainee is always simultaneously a trainee and a trainer.

This 'trainee and trainer' shape is reflected through the trainee meeting not only one-to-one with their trainer, but also with key others they are training—passing on their training.

An ideal one-to-one meeting will spend time on each of the 3 strands below (e.g. a 90 minute meeting will spend 30 minutes on each of the strands).

The Three Strands

Being like Jesus: youthMETRO emphasises daily bible reading and prayer as the key to godliness, and discussion/accountability in the training relationship in relation to this. There is also specific attention given to personal evangelism and family life.

Thinking like Jesus: youthMETRO sets essential reading that both prepares the trainee for future training and stimulates the trainer/trainee's thinking in relation to life and ministry.

Serving like Jesus: youthMETRO is designed to develop thinking and skills in certain core areas of ministry. The main training resources used are the Ministry Papers, alongside other key reading.

Coaching

The trainer also is simultaneously a trainer and a trainee — needing to be supported in their training role and to learn through the experience—through 'coaching' support.

Training and support will be available throughout youthMETRO from a team of coaches. Trainers will be contacted early in youthMETRO by their coach to work through the initial stages of the program.

The Program

youthMETRO is designed to assist local church youth ministry. Therefore the structure of the program allows the trainee and trainer to work through specific areas relevant to their local church context. A suggested timeline for completing the varying components of youthMETRO is included in this training manual.

As the program is developed, youthMETRO coaches can be a key resource in giving suggestions/feedback to aid with this process.

Being like Jesus - Personal Godliness

The main focus here is daily personal bible reading and prayer.

Trainees will utilise the 5x5x5 bible reading plan to go through the whole New Testament in the year. Trainees and trainers will spend time in their catchups discussing issues arising from this crucial daily time with God, and document prayer points as they go.

Thinking like Jesus - Theological Reflection

To be able to teach the Bible, first trainees must understand its history and content, so two of four units will need to be studied throughout the traineeship:

- Introduction To The Bible
- Old Testament
- New Testament
- Doctrine

These units will be completed using distance education material from Moore College, in addition to the intensive unit offered at PYV's Summer Camp.

Serving like Jesus - Ministry Skills

Trainees will develop their ministry skills over the year. Fundamental to the progress made, will be the transition of the trainee into a trainer role. A basic pattern in each of the areas might be for the trainee to pass on what they have learnt with another person – learning through teaching others.

youthMETRO trainees will cover the following components in the year:

- Evangelism
- Short Talk Preparation
- Programming
- Taking a Bible Study
- One-to-One Discipleship

Events

youthMETRO trainees and trainers are required to attend the following events in the course of the traineeship:

- METRO Orientation Afternoon – Late November/Early December
- PYV Summer Camp – December 27th to January 1st (Trainees only)
- Engage Conference – Late January (Trainees only)
- MTS Challenge – Late July/Early August
- METRO Graduation Dinner – Late November/Early December

Trainees can also lead on PYV's camps throughout the year. METRO encourages trainees to lead on at least one camp as part of their local youth ministry, but this is not a requirement of the traineeship.

Suggested Timeline

The timeline below is a guide only, and should be tailored to the needs of the local church.

TERM ONE		
	Weeks	
Component	1 to 5	6 to 10
Being like Jesus	5x5x5 Reading Plan	5x5x5 Reading Plan Intentional Individual Prayer
Thinking like Jesus	Introduction To The Bible Chapters One & Two	Introduction To The Bible Chapters Three & Four
Serving like Jesus	Big Picture of Ministry Training <ul style="list-style-type: none"> • Short Talk • Bible Study • One To One Discipleship • Evangelism • Programming 	Bible Study Preparation & Delivery
Events	Engage Conference (compulsory for trainees)	

TERM TWO		
	Weeks	
Component	1 to 5	6 to 10
Being like Jesus	5x5x5 Reading Plan	5x5x5 Reading Plan Intentional Individual Prayer
Thinking like Jesus	Introduction To The Bible Chapters Five & Six	Introduction To The Bible Chapters Seven & Eight
Serving like Jesus	Short Talk Preparation	Programming
Events		Trainee Catchup Dinner

TERM THREE		
	Weeks	
Component	1 to 5	6 to 10
Being like Jesus	5x5x5 Reading Plan	5x5x5 Reading Plan Intentional Individual Prayer
Thinking like Jesus	Introduction To The Bible Chapters Nine & Ten	Other Essential Reading
Serving like Jesus	One To One Discipleship Bible Study Short Talk	Evangelism One To One Discipleship
Events	MTS Challenge Late July/Early August (compulsory for trainees & trainers)	

TERM FOUR		
	Weeks	
Component	1 to 5	6 to 10
Being like Jesus	5x5x5 Reading Plan	5x5x5 Reading Plan Intentional Individual Prayer
Thinking like Jesus	Other Essential Reading	Other Essential Reading
Serving like Jesus	Evangelism One To One Discipleship Bible Study Short Talk	Bible Study Short Talk Programming
Events	METRO Graduation Dinner (compulsory for trainees & trainers)	